

SUNARA SHAFIQ

OBJECTIVE:

- To obtain a position as a **Consultant Dietitian/Nutritionist** that will provide challenging objectives, foster teamwork, and provide an environment that will allow me to increase my knowledge in the medical, nutrition, and health field

QUALIFICATION:

Education	University/Board	%age/CGPA
M.Sc (Hons.) Human Nutrition and Dietetics (2019)	University of Agriculture, Faisalabad	3.90
B.Sc (Hons.) Human Nutrition and Dietetics (2017)	University of Agriculture, Faisalabad	3.65
F.Sc Pre-medical (2012)	BISE Faisalabad	85%
Matric (2009)	BISE Faisalabad	95%

EXPERIENCE:

- Worked as a Consultant Dietician/Nutritionist at **“Body Fit Gym,Chiniot**
- Worked as an intern at **“National Hospital,Faisalabad”** under supervision of Binish Asad RD
- Worked as an intern at **“Mian Muhammad Trust Hospital,Faisalabad”** under supervision of Dr.Faiza Ahmad
- M.Sc. (hons.) research on **“Efficacy study for diabetic nephropathy patients in relation to dietary intervention of probiotic soy yogurt”** under supervision of Dr. Syed Qamar Abbas

COMPUTER SKILLS:

- Recognized as Microsoft Office Specialist for Office Word 2010
- Hand on experience/good knowledge of computer
- Working with MS Power Point
- Have experience in designing pamphlets and brochures

PROFESSIONAL SKILLS & QUALITIES:

- Good communication skill. Believe in honesty and hard work.
- Courageous and accept challenges. Good team worker and enjoy team work. Very flexible personality & sharp decision maker



PERSONAL PROFILE

Father's Name
Muhammad Shafiq

Date of Birth
August, 05. 1994

C.N.I.C No
33201-9614898-8

Present Address

House no.235
Wapda Town,
Lahore

Marital Status
Single

Domicile
Chiniot (Punjab)

Cell

0313-7907026

Email

Sunairamalik005@gmail.
com

OTHER ACHIEVEMENTS:

- Certificate of Participation in All Pakistan Food Science Conference 2016 at University of Agriculture, FSD
- Certificate of participation in Nutrition mela and product development competition 2018 organized by NIFSAT, UAF, FSD.
- Certificate of participation in Conference on nutri-nation Y-4 2017 by Abbott nutrition
- Certificate of participation in International workshop and research methods in nutrition 2016 organized by NIFSAT, UAF, FSD.
- Certificate of participation in 26th all Pakistan food science conference 2016 organized by NIFSAT, UAF, FSD.
- Certificate of participation in Dice 2016 Agriculture and food sciences organized by UAF, Faisalabad.
- Certificate of participation in HND curriculum review workshop 2014 by NIFSAT and Endowment Fund Secretariat, Faisalabad
- Certificate of participation in Food product development competition 2015 organized by NIFSAT, UAF, FSD.
- Certificate of participation in Dice 2015 Mega innovation and entrepreneurship event by UAF, Faisalabad
- Certificate of participation in International conference on nutritional therapies against lifestyle related disorders 2014 by NIFSAT, UAF, Faisalabad
- Certificate of participation in Poster competition organized in connection with world food day 2015 by UAF, Faisalabad
- Certificate of participation in Product development competition 2014 organized by NIFSAT, UAF, Faisalabad
- Certificate for volunteering for her outstanding and dedicated services to rising nation and inspiration 2016.
- Certificate for Honor of co-curricular activities in 3rd Lyallpur art and literature festival 2015 by UAF, Faisalabad
- Certificate for Honor of co-curricular activities in creative art workshop by UAF, FSD
- Certificate of participation in World egg day October 2016 egg product development by NIFSAT, UAF, FSD

PERSONAL PHILOSOPHY:

My analytical and communication abilities are excellent; I can understand complex information, write clearly and effectively, build a case for a particular point of view, whilst at the same time respecting the views of others, even if they disagree with me. I have a liberal outlook on life and am open to new ideas and thoughts about established points, all of these points allow me to think for myself, analytically construct well honed arguments and also effectively engage with others.

REFERENCES:

Will be furnished on demand