



# SANOBER AKRAM

Psychologist | counselor

## PROFILE



An enthusiastic, skilled and well-motivated person with a track record of safeguarding and promoting the welfare of children and vulnerable adults. Experienced in vast methodologies of market research and understand wide facets of the technically complex corporate world. Proficient in making reports and presentations. Good teamwork in making things.

## CONTACT



03012306085



[Sobber1nyctophile@gmail.com](mailto:Sobber1nyctophile@gmail.com)



Postal Address: B-20 Street no 2, stadium road Karachi .



## SKILLS

- Good writing skills
- Excellent reports making skills
- Excellent communication skills
- Proficient in the use of MS office
- Strong Research and Analytical skills
- Time management skills
- Public speaking
- Leadership skills
- Groomed communication skills
- Interpersonal skills



## PROFICIENCY

Excellent knowledge and speed in making new researches. Excellent skills in making reports or thesis.

Excellent in making presentations

MS Office (MS Excel, MS Word, MS PowerPoint in graphic Designing).



## LANGUAGES

English (American English)



## HOBIES

Reading and writing. Blogging .

## WORKSHOPS

Viral age, Idare alkhair, city school,



References will be given as per request.

## EXPERIENCES



### JINNAH POSTGRADE MEDICAL CENTER (J.P.M.C) 2017,

During 2017, I completed an internship where I analyzed the behavioral effects of patients. Provided care for severely emotionally disturbed children in an outpatient environment. Facilitated groups to increase social skill in children with Autism Spectrum Disorders.

**AKU 2018,** During 2018, I completed an internship where I analyzed the clinical use of hypnosis.

### BAHRIA SPECIAL CHILDREN SCHOOL KARSAZ 2019

During 2019, I completed an internship where I analyzed autism and mentally retarded children.

### DARUL SAKOON 2019

During 2019 for 6 weeks, I completed an internship where I analyzed autism children. Interviewed children and families to identify their psychological needs and provide accurate diagnosis. Counseled with patients to overcome their emotional disorders, including self-esteem and overeating.

## ACHIVEMENTS



**ADVANCE EDUCATIONAL INSTITUTE AND RESEARCH CENTER 20<sup>th</sup> April ,2019, I attend 7<sup>th</sup> international conference on endorsing health science research at this conference, I published my research paper. TOPIC OF RESEARCH WAS (Effectiveness of Positive Psychology Interventions on the Level of depression in Institutionalized old age females).**

## QUALIFICATION



### BACHELORS IN CLINICAL PSYCHOLOGY

2019

(Institute of Professional Psychology)

### INTERMEDIATE IN PRE-MEDICAL

2015

(Degree College Stadium Karachi)

### MATRIC IN SCIENCE

2013

(Bahria Model School No 1)

## THESIS WORK / RESEARCH WORK



- Extortion level of school children during the last period.
- Academic competitiveness, jealousy, and envy: predicting the role of discrepancy of personal and peer academic performance. (**published in the university journal**).
- Learn shape discrimination through the DDT technique.