

# Adnan Khalil

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## Profile

As clinical nutritionist with a year-long professional experience and 4 publications, I aim to best utilize my passion for healthcare via a promising opportunity whereby I can disseminate health among individuals and engage in research and nutritional consulting.

## Professional Education

- ❖ **Doctor of Dietetics and Nutritional Sciences, University of Lahore** (2013-2018)
- ❖ **Intermediate, Excelsior School and College Swat, BISE-Swat** (2009-2011)
- ❖ **Matriculation, Usmania Public School and College Buner, BISE-Swat** (2008-2009)

## Publications

- ❖ **Asian journal of Allied Health Sciences (AJAHS Jul- Sep 2018) (Vol 3 and Issue 3)** Faculty of Allied Health Sciences, The University of Lahore. “Frequency of food myths and taboos observed during gestational period among women attending Sir Ganga Ram Hospital, Lahore”
- ❖ **Asian Journal of Allied Health Sciences (AJAHS-Oct-2018) (Vol 3 and Issue 4)** Faculty of Allied Health Sciences, The University of Lahore. “Determinants of malnutrition among children less than five years of age”
- ❖ **Annals King Edwards Medical University (AKEMU-Sep-2018)** “Demographic Profile Associated With Malnutrition” (In Process)
- ❖ **The Annals of Research (TAOR May-21-2020)** “Determinants of Arthritis among adult patients visiting tertiary care hospital, Lahore”

## Thesis

“DETERMINANTS OF MALNUTRITION AMONG CHILDREN LESS THAN FIVE YEARS OF AGE VISITING PEDIATRICS DEPARTMENT OF SIR GANGA RAM HOSPITAL, LAHORE”

## Work Experience

- ❖ **Clinical Dietician, Buner Medical and Surgical Center (1-July-2020-Present)**
- ❖ **Senior Nutritionist, Hameed Latif Hospital (28-Apr-18 to 30-Jun-20)**
  - ❖ Nutrition and Food services (Supervisor)
  - ❖ Quality control Supervisor (according to HACCP) at hospital café for inpatients food services
  - ❖ Made Diet plans for specific disease
  - ❖ Counseling of Patients
  - ❖ Internship Supervisor and Coordinator
- ❖ **Clinical Nutritionist, Playpal, Inc. (03-Jan-19 to 07-dec-19)**
  - ❖ Advisory and design role in a US-based, health tech organization
  - ❖ Currently conducting extensive medical research & developing nutritional knowledge bases to be integrated into the Artificial Intelligence powered algorithm of Playpal’s all-encompassing health platform
- ❖ **Nutrition Based Research & Medical Practice Internships**
  - ❖ 1 Year, Sir Ganga Ram Hospital, Lahore (March-Feb 2017-18)
  - ❖ 1 Month, Six-B Food Industry, Sunder Industrial Estate, Lahore (Aug 2017)
  - ❖ 1 Month, Farooq Hospital, Lahore (July 2017)
  - ❖ 6 Months, Sharif Medical City Hospital, Lahore (2-june to 30-Nov 2016)

## Achievements and Certificates

- ❖ Received Certificate of Appreciation for exceptional academic record, securing top position (3.73CGPA) consecutively for 5 years in my department DDNS.

- ❖ Certificate of Coordination from SRO-UOL for Presentation Mania
- ❖ Organized Nutrition Awareness Camp in Okara
- ❖ Participated in Food Product Development Competition in UOL (2016)
- ❖ Participated Seminar of Depression Awareness (13th Dec 2016)
- ❖ Received Certificate of Coordinator for Nutrition food services (Hameed Latif Hospital)

## International Conference

- ❖ Participated in an International Conference in BZU-Multan, Safe Food For All
- ❖ Certificate of International Conference and expo on recent development in human nutrition (UOL)

## Technical Skills

- ❖ Microsoft office (MS Word, PowerPoint), Intermediate Skill Level
- ❖ Software (SPSS)

## Soft and Personal Skills

- ❖ Analysis, problem solving, critical thinking
- ❖ Creativity
- ❖ Persistence and ability to work under pressured deadlines
- ❖ Planning & organization
- ❖ Effective time management
- ❖ Teamwork
- ❖ Leadership and the ability to motivate

## Volunteering

- ❖ Sports coordinator for 2 years at DDNS (Doctor of Dietetics and Nutrition Sciences) department
- ❖ Coordinator for one year in ADA (Allied Doctor Association)
- ❖ Event Management Coordinator, FAHS (Faculty of Allied Health Sciences) for 1 year

## Languages

- ❖ English, Urdu, Pushto –Advanced Skill Level

## Hobbies and interests

- ❖ Travelling, meeting new people, Keeping up-to-date with current affairs through social media, Reading

## References

Available on request